



# Crunch & Stretch



Exercise some “baby math,” “baby science” and “baby music” skills by simply helping your baby crumple and rumple this piece of paper!

- Assist your child with crumpling this page.
- Comment on how the paper looks smaller.
- Stretch the paper out again. Comment on how it’s big again.
- Point out the wrinkles. Encourage your child to feel them.
- Place the paper in your child’s hands and help to crumple the paper into a ball.
- Comment on the sounds that that the paper makes.
- Play a little “basketball” by tossing the paper ball into a bowl.

[www.eebee.com](http://www.eebee.com)

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